PAGE 25 SHOPPERS (S) DRUG MART

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Your essential daily news | THURSDAY, JUNE 18, 2015

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Your essential daily news

Association backs off shrinking carry-ons. **Business**

'We will never forget'

FUNERAL

Police and loved ones say goodbye to Const. Woodall



In a Shaw Conference Centre filled with police officers, friends of Const. Daniel Woodall told stories about the man behind the badge, who was killed in the line of duty last week.

My first thoughts were that he looked like a 12-year-old in uniform," Dave Ainsworth joked, recalling the first time he met Woodall when he walked into a Manchester police station for his first day on the job as an officer.

Ainsworth, who knew Woodall since the officer's time in Manchester, England, delivered one of several eulogies for him, bringing to a close a week of mourning for a city shocked by the violence that struck it last Monday.

Ainsworth told the officers assembled that he would miss Woodall's sense of humour. Woodall mocked him relentlessly, he said, when he made the mistake of mentioning he liked the Twilight movie.

"He could hardly get his words out through laughing when he asked me if I was Team Edward or Team Jacob," said Ainsworth. "I will miss your quick wit and terrible sense of



Officers carry the casket of Const. Daniel Woodall to the stage at the Shaw Conference Centre on Wednesday. EDMONTON POLICE SERVICE/CONTRIBUTED

humour and the fact the person laughing hardest at your jokes was always you.'

New York Police Department officer Michael Catlin, who got to know Woodall at a police conference, read from a letter he wrote to Woodall's wife, Claire.

He said when he came to visit him in Edmonton, he saw how committed Woodall was to her and their children.

"I knew Dan the cop. I knew

Dan the man, and even though he spoke of you often, that was the first time I saw Dan the husband and the father," he said.

Catlin told similar stories of being teased by and joking with Woodall, and he said he wanted people to know Woodall was more than a police officer.

Mayor Don Iveson saluted all the officers in the room, thank-

work every day, often taken for granted, and yet these women and men are some of our finest and bravest citizens," he said.

He said the blue ribbons and other signs of support showed Edmonton's true spirit.

"We embrace you. We have adopted you as family because that's what Edmonton is all about," he said.

Police Chief Rod Knecht said the entire community had felt Woodall's death, but no one more so than Woodall's family.

"The days have been ragged and emotional, and for Dan's family and his many co-workers and squad mates, I can tell you it has been devastating," he said.

He promised Woodall's wife she would always have a family

"You are and will always be a part of our Edmonton police family. We will never forget."

pays their respects

As a funeral procession of thousands of police officers from Canada, the United Kingdom and the United States marched shoulder to shoulder through downtown Edmonton, the only sounds were quiet sniffles of bystanders and a pulsing bass drum.

Thousands gathered along the procession Wednesday to pay respects to Const. Daniel Woodall. For many, the event was deeply personal.

John MacPherson, a constable with the Ontario Provincial Police, watched from the sidelines on Jasper Avenue with his wife and three young children. He's in the city visiting family and said he regretted not having his uniform to join.

"It means a lot," he said, fighting back emotion. "He's got two kids under five, he's the same age as me.'

Emma Wood's husband, like Woodall, is originally from Manchester, England. He was a colleague of Woodall's and marched in the procession.

"I'm here to support my husband, his colleagues and Const. Woodall's family," she said, crying.

Another man, whose son just finished his first year in police cadets, also felt overcome by the scene.

"I'm struggling with just holding back tearing up a little bit," said Rob, who declined to give his full name. "The impact that he has and the whole force has upon the community is really quite overwhelming.

MICHELLE FALK/FOR METRO

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Thursday, June 18, 2015 Edmonton | Metr® NEWS

Saying goodbye

An estimated 4,000 police officers from across Canada and overseas made the journey to downtown Edmonton Wednesday morning to walk from the Alberta Legislature to the Shaw Conference Centre to honour Const. Daniel Woodall. As they walked, Edmonton came out and shared their loss and pride.

TIM QUERENGESSER/METRO; PHOTOS: KEVIN TUONG/FOR METRO

EDMONTON MOURNS

Images from a sombre day

1 His final patrol

Const. Woodall's hearse travels the route from the Alberta Legislature to the Shaw Conference Centre.

2 Honour in blue

Officers wore blue ribbons and memorial pins to honour Const. Woodall.

3 Tribute to his home

Edmontonians displayed the Union Jack in many different ways to honour Const. Woodall, who was originally from Manchester, England.

Brothers in service

Edmonton Fire hung a Canadian Flag and a Union Jack from their trucks over the parade route to honour Const. Woodall.

5 Standing on guard

The procession route along Jasper Avenue was lined with Canadian flags.

6 They'll never forget

Hundreds of Edmonton police officers, with colleagues from across North America and the U.K., marched to the Shaw Conference Centre for the service.





3

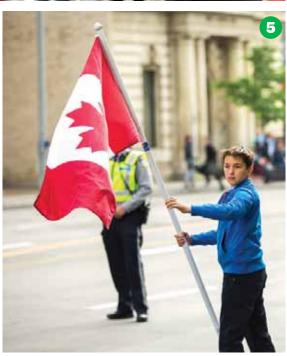
Const. Daniel Woodall ... was a son, a husband, a father, a friend, a police officer and a hero.

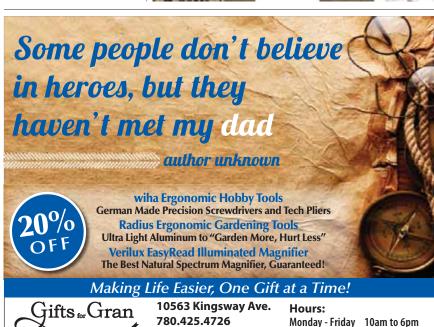
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Thursday, June 18, 2015 Edmonton | Metr® NEWS

High rate of diabetes a culprit in stillbirths for aboriginal moms



A new study from the University of Alberta has found stillbirths among indigenous women to be 2.7 to 1 when compared to non-indigenous women. ISTOCK

RESEARCH

Seeking reconciliation in the health care system

Michelle Falk

For Metro | Edmonton

First Nations mothers are 70 per cent more likely to deliver a stillborn child than other populations, and new research from the University of Alberta points to a high rate of diabetes in the indigenous population as a key culprit.

But beyond that higher rate of diabetes — which is 2.7:1 that of non-aboriginal people in Alberta — researchers with the Believing we can Reduce Aboriginal Incidence of Diabetes (BRAID) research group say there are also bigger issues at play.

Richard Oster, a senior re-

search co-ordinator with the group, said anecdotally it's known that aboriginal women tend to come in less often and later during their pregnancies. "They're worried about being discriminated against," he said.

In Edmonton, with the second-largest urban aboriginal population in Canada, specific programs are in place to combat this sentiment and fear.

Kerry Williamson, with Alberta Health Service, points to programs like the Aboriginal Diabetes Wellness initiative at the Royal Alexandra Hospital and the Cultural Helpers and Aboriginal Health Coordinators/Liaisons located at several hospitals, as services and

support for pregnant aboriginal women.

But Oster said the larger issues will continue to challenge public health officials to heal long-standing wounds.

"Whether you look at still births, or diabetes, or sexually transmitted diseases, or other issues that are higher in aboriginal populations, the underlying causes we see are generally the same ... the ongoing effects of colonization, racism, discrimination, loss of land, loss of culture, residential schools."

The U of A group's work is limited to research but Oster said he's optimistic that it will lead to policy changes.

3

The underlying causes we see are generally the same ... the ongoing effects of colonization, racism, discrimination, loss of land, loss of culture, residential schools.

Richard Oster, a senior research co-ordinator with BRAID

COMMUNITY

City looks at costs of quieting trains

The city will study the costs of silencing loud train whistles, but for some residents, it can't come soon enough.

City councillors approved studying the cost to silence the whistles at four crossing across north Edmonton. The city has to pay for bells, gates or other measures, which can cost as much as \$500,000, before the rail companies agree to have trains go silent.

Fatema Jameson spoke to councillors about the crossing near her house. She said it wakes up her whole family.

"My child is unable to sleep at night alone."

She said she had no idea how loud the train would be when she moved in, and the number of trains and the number of homes nearby is only growing.

"The quality of life is terrible," she said.

Coun. Bev Esslinger said she would like to see the rail companies do more, but in the meantime hopes the city can do some work to help.

RYAN TUMILTY/METRO

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Transforming city's unused spaces

It doesn't take much to turn an empty, unused space into an active space, and some 20 creative residents and groups will demonstrate that this Sunday with #DIYcity — a day of pop-up public art, chalk murals, minievents, impromptu playgrounds and more.

"It's citizen-driven, people across the city making impermanent change. But it can give people ideas — last year's popup bike lane created a permanent change," said Jennifer Schaefer with Make Something Edmonton, a co-organizer of the event, along with CITYlab.

The Edmonton Bicycle Commuters Society together with BikeWorks South will turn an empty patch of dirt outside the shop into a temporary patio this Sunday, creating a patio party and barbecue to celebrate what organizer Leslie Bush hopes may become a permanent fixture and a successful public space.

"We want to inspire people to think about how we currently use space in the city," Bush said.

Miranda Jimmy and RISE (Reconciliation in Solidarity Edmonton) members will create an undisclosed public art display — a garden of 100 wooden hearts with unique words, images and colours offering messages of reconciliation for the aboriginal community and all Edmontonians.

"The heart-grams speak to

laVie en Rose

everyone from 4 to 80. It's a connection," said Jimmy.

And in front of the Winspear, citizens are invited to bring their chalk and joyful spirit to help colour in a 20 by 20-foot mandala, a sidewalk template that symbolizes community, according to project artist Stephanie Gruss.

'It's energizing and unifying we're making it like a medicine wheel in honour of Aboriginal Day," she said.

LUCY HAINES/FOR METRO



Lori Sigurdson is sworn in as the Alberta Minister of Innovation and Advanced Education and Jobs, Skills, Training and Labour in Edmonton on May 24. JASON FRANSON/THE CANADIAN PRESS

Education funds flow from ND

POST-SECONDARY

Party pledges \$22M, two-year tuition freeze in interim bill



Helen **Pike** Metro | Calgary

The NDP government is offering an olive branch to both post-secondary students and institutions with a host of new spending in its interim-funding supply bill.

The implications of Bill 3 will include a two-year tuition freeze and a two-per-cent increase in funding to the province's universities and colleges, Metro has learned.

That's in addition to cancelling the 1.4-per-cent funding reduction in the former PC government's spring budget that was never approved.

So-called "market-modifier" tuition hikes that had been approved will also be rolled back, with an additional \$22 million in funding to make up for the lost revenue in post-secondary institutions' budgets.

Students applauded the moves.

"We're glad to see the current government is staying in line with it's platform promises," said Romy Garrido, chair of the Council of Alberta University Students.

"I think that it's great that they're understanding we've been chronically underfunded for the last few years," said University of Calgary Students' Union president Levi Nilson.

The opposition Wildrose, however, had a different take.

"Asking taxpayers to pick up tens of millions of dollars in new spending during a time of financial uncertainty is irresponsible," advanced education critic Wes Taylor said in an email to Metro. "We believe capping standard tuition rates at the rate of inflation is moderate and protects students from being nickel-and-dimed."



I think that it's great that they're understanding we've been chronically underfunded for the last few years.

Levi Nilson, U of C student union president





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NDP face critics on sales tax

Expert says tough choices could be ahead for Notley

Tim Querengesser Metro | Edmonton

As Jack Mintz puts it, there was an unspoken rule during the recent Alberta election campaign when it came to the idea of a sales tax in the province.

"Nobody wanted to touch it," he said.

True to form, as the Alberta legislature convened Tuesday for the first sitting of Premier Rachel Notley's NDP government — the first breeze of change in ideology to blow through the house in some 44 years —the first question she faced was about a sales tax.

Her answer was swift, unequivocal and totally in keeping with what has come before: The NDP won't introduce a sales tax.

Instead, as outlined in Notley's throne speech, the ma-



Jack Mintz, head of the School of Public Policy at the University of Calgary, has long called for Alberta to introduce a sales tax. THE CANADIAN PRESS

jor break with the past to raise revenues for the still-pressing \$7-billion shortfall created by plummeting oil prices will come from incremental increases to corporate taxes and to wealthy Albertans. But while popular among her base, and despite polls showing a majority of Albertans not wanting a sales tax, critics say Notley is missing an opportunity to

make tax changes that allow for smooth sailing ahead.

"I think the NDP are backing themselves into the corner," said Mintz, chair of the School of Public Policy at the

The HST is really easy. For every point (in tax), you get a billion bucks.

Jack Mintz

University of Calgary, and an outspoken proponent of a harmonized sales tax.

'They want to spend more money and are reversing restraint, but revenues are plummeting and they're not going to make as much on the corporate increases as they think. You're going to have multibillion-dollar deficits in the end."

Mintz argues that increasingly taxing corporations often leads to decreases in capital investment, and in turn, doesn't yield the expected benefits, despite appealing to a populist base.

'I suspect the revenues from the resource sector are going to be down quite a bit (this year),' said Mintz. "You can't just tax the rich to make up for that."

The idea is one now being debated in the legislature.

On Wednesday, opposition Progressive Conservative finance

critic Manmeet Bhullar told Alberta's new finance minister, Joe Ceci, that the changes will drive wealthy Albertans away or compel them to file their taxes in another jurisdiction.

"If those tax filers move to British Columbia or move to Ontario, who is going to make up the difference?" Bhullar said. "Is it hard-working Alberta families that have to make up for your short-sightedness?'

Ceci told the legislature Wednesday the tax changes will be fair and will affect only seven per cent of tax filers.

"I don't want to see one person leave this province," he said. "They get good value from all the programs and services, and they'll continue to stay here."

Still, Mintz warns that the Notley government will eventually have to introduce broadbased tax increases or cut spending, or end up like the former Don Getty PC government, which spent so much it led to the rise of the austerity measures of his successor, Ralph Klein.

Ĥis advice?

'The HST is really easy. For every point (in tax), you get a billion bucks.









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DON MEREDITH

Senator had affair with me: Teenager

A senator, under investigation for workplace sexual harassment, is facing a new allegation that he had a sexual relationship with a teenager during the past two years.

Don Meredith, 50, has been a senator since 2010 and is also a Pentecostal pastor with the Praise Centre in Toronto.

The young woman, now 18, said she met Meredith at a church event in Ottawa two years ago. She said the relationship began with sexually explicit chats over Skype and Viber and progressed to physical intimacy, kissing and touching before she turned 18.

Meredith sent tweets to his followers on June 11, after a CTV report on the workplace sexual harassment allegations.

"A lion never loses sleep over the opinions of sheep," said the first tweet, accompanied by a photo of a male lion.

The Conservatives kicked Meredith from Senate caucus Wednesday. TORSTAR NEWS SERVICE



Transport Minister Lisa Raitt. SEAN KILPATRICK/THE CANADAN PRESS

Public gets say on plane noise

AIRPORTS

Residents under flight paths to be consulted

The federal government wants to give people living under flight paths the chance to have their voices heard over the din of passing aircraft.

Residents in affected communities will now be included in consultations and deliberations about shifting flight paths at major airports.

The new rules went into effect on Wednesday.

Transport Minister Lisa Raitt said she expects every airport in the country to follow the spirit and intent of the new rules when they make decisions about the routes planes fly, whether it's a change to flight paths to To-

ronto Pearson International, or to the smaller Billy Bishop Airport on Toronto Island.

"We expect that you're going to implement this protocol so we can avoid the disaster that has happened with the implementation of new flight routes in the Toronto Pearson area," Raitt told reporters in Ottawa.

She said many residents who live under those flight paths have been frustrated that their voices weren't heard when changes were made in the past.

Previously, airports only had to ask for input from anyone living within 10 nautical miles — about 18 kilometres — of an airport.

If anyone farther away had issues, there was little they could do, which has frustrated many residents affected by airport noise.

The federal government could only shift a flight path if there was a safety problem, 3

We expect ... to implement this protocol so we can avoid the disaster that has happened with ... new flight routes in the Toronto Pearson area.

Transport Minister Lisa Raitt

and Nav Canada, the private body charged with navigating all flights in Canadian airspace, didn't have to consult the public on changes, she said.

When Raitt was asked what would happen if airports didn't follow the new rules, she said residents should call her directly, "and we'll have a conversation with the airports."

THE CANADIAN PRESS

BEAR ATTACK

A woman who surprised a grizzly in the mountains near Horsefly, B.C., likely could not have prevented the attack Friday, a conservation officer said.

Len Butler said her only chance to avoid injury would have been to use bear spray. THE CANADIAN PRESS



AIR QUALITY

Group warns about kitchen cleansers

Half an hour of kitchen clean-up using common household cleansers, wipes and sprays dramatically boosts harmful indoor air pollution, according to a study by an environmental advocacy

Concentrations of volatile organic compounds more than doubled in nine homes during the experiment by Environmental Defence, while the concentration of airborne pollutants in 12 of the total 14 households was above the level that some foreign jurisdictions consider safe.

Volatile organic compounds, or VOCs, can cause irritation to the eyes, nose and throat, cause headaches, skin problems and asthma and are considered especially harmful for youngsters. Some VOCs are linked to cancer.

"We found that the most popular cleaning products in Canada really made the VOCs much higher than some of the eco-certified products we looked at," Maggie MacDonald, the group's toxics program manager, said in an interview Wednesday.

Canada has no standards for

indoor concentrations of VOCs, nor has the government issued regulations to ensure all ingredients are included on cleaning product labels.

Environmental Defence, a leading advocate in the successful push to ban bisphenol A in baby bottles and phthalates in toys, used a German standard for VOC concentrations in the air as the benchmark in its latest study.

Fourteen Ontario households had their air tested the day before the kitchen cleaning and then again for a two-hour period

during and after the cleaning. Some homeowners were given popular wipes, cleansers and glass sprays to use, some used products with non-verifiable "green" claims and two used certified green products.

The results showed an average 120 per cent increase in VOC pollutants after using common cleaners, an average 100 per cent increase for unverified products and a 35 per cent increase for the certified products, which listed all their ingredients on the label. THE CANADIAN PRESS



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The Conservative government appears set to miss another target date for delivering a border tracking system that could stop homegrown terrorists from joining battles overseas.

Feds to miss border target

TRACKING

Deadline for anti-terrorism system delivery looming

The Conservative government appears set to miss another target date for delivering a border tracking system that could stop homegrown terrorists from joining battles overseas.

And with just days left in the parliamentary calendar before a fall election, it is unclear when — or even if — the necessary legislative and regulatory changes will come.

Under the Canada-U.S. perimeter security pact, the federal government committed to begin collecting records of people leaving Canada on international flights as of June 30, 2014.

It missed that deadline and would not reveal a new date, saying only that information would be provided in due course.

However, a newly obtained internal briefing note shows federal agencies were eyeing October of this year for completion of the project. The heavily censored May 2014 note, prepared for Citizenship and İmmigration Canada's deputy minister, was released to The Canadian Press under the Access to Information Act.

It now seems the government will almost certainly miss the revised implementation date,

as the required legal and administrative changes remain to be done.

The House of Commons is expected to rise shortly and return some time after a fall general election.

The Canada Border Services Agency, which is leading the project, continues to consult with the federal privacy commissioner, partners and other interested parties on the initiative, said Pierre Deveau, a border agency spokesman.

A final assessment of the project's implications for the personal information of Canadians will be delivered to the privacy commissioner once the required legislation receives royal assent, "but consultations continue throughout the process," he said.

A federal report published last year said the government knew of more than 130 individuals with Canadian connections who were abroad and suspected of supporting terror-related activities. It said the government was aware of about 80 such people who had returned to

A border services agency briefing note, released previously under the access law, says information from the planned border tracking system could be provided to the RCMP and the Canadian Security Intelligence Service.

"This is of particular interest given the recent media attention on Canadians travelling abroad to engage in terrorist activities."

Deveau said Canada and the United States "remain dedicated to the full implementation" of the project.

The U.S. Department of Homeland Security did not immediately respond to questions. THE CANADIAN PRESS

BACKGROUND

Expanded program could serve everyday purposes

Citizenship and Immigration says entry and exit information will provide hard data on an individual's presence in — or absence from - Canada. It plans to use the data in programs where residency and travel history are key, including permanent resident card renewals, grants of citizenship, temporary and permanent resident applications, and investigations into eligibility to hold a Canadian travel document.

Currently, the tracking system involves exchanging entry information collected at the Canada-U.S. land border. The data on entry to one country serves as a record of exit from the other. The first two phases of the program have been limited to foreign nationals and permanent residents of the countries, but not citizens of either. THE CANADIAN PRESS





World | metr@NEWS **14** Thursday, June 18, 2015

Deaths blamed on rotted beams

The balcony collapse that killed six college students appears to have been caused by rotted wooden beams, Berkeley's mayor said Wednesday as the victims' heartbroken loved ones began arriving in the U.S. from Ireland.

Mayor Tom Bates said investigators believe the wood was not caulked and sealed properly at the time of construction and was damaged by moisture as a result.

The crowded fifth-floor balcony broke off an apartment building during a 21st-birthday party held by visiting Irish college students Tuesday, spilling



More than likely, it was caused by rain and water damage ... to the support beams.

Mayor Tom Bates

13 people 50 feet onto the pavement below. In addition to the six killed, seven were seriously hurt.

Bates said it was "obviously a bad idea" for 13 people to crowd onto such a small balcony but added that he is not blaming the victims.

Cassandra Bujarski, a spokeswoman for the apartments' property management firm, Greystar, had no comment.

Building inspectors also determined another balcony at the Library Gardens apartment complex was "structurally unsafe and presented a collapse hazard," and it ordered it demolished. Two other balconies were redtagged, or declared off-limits, at the apartments, which were completed in 2007.

THE ASSOCIATED PRESS



SOUTH CAROLINA SHOOTING AT BLACK CHURCH Police responded to a shooting at the site of the Emanuel African Methodist Episcopal Church in downtown Charleston, South Carolina, on Wednesday night. Details on casualties were not immediately available. Police said on Twitter they were looking for a 21-year-old white man. wade spees/the post and courier via the associated press

Man killed by runaway tiger

Mauled after predator escapes zoo during floods

A tiger that broke loose after severe flooding at the Tbilisi Zoo mauled a man to death in the Georgian capital before being shot by police Wednesday, a day after officials said all the zoo's tigers had died.

Zoo director Zurab Gurielidze acknowledged he was to blame for releasing faulty information. He said new counts indicated a tiger cub and a hyena could still be on the loose. The city has remained on edge, with runaway predators reportedly seen by some residents.

The Interior Ministry in the former Soviet republic said the tiger was hiding in an abandoned factory that had been turned into a construction market when he attacked the man. The victim, who worked in the market, later died of his wounds at a hospital.

"We entered the depot and, suddenly, a white tiger rushed out of an adjacent room and attacked one of the workers, jumping at his throat and mauling him," colleague Alexander Shavbulashvili told The Associated Press.

"We broke the window of another room to flee, and the sound of breaking glass must have scared it and it ran away."

Police commandos rushed to the site and killed the tiger.



An armed police officer walks near a zoo on Wednesday in Tbilisi, Georgia. SHAKH AIVAZOV/THE ASSOCIATED PRESS

"It was a white tiger," Interior Minister Vakhtang Gomelauri told the Associated Press. "We wanted to sedate it, but it was very aggressive and we had to liquidate it."

Zoo spokeswoman Khatia Basilashvili couldn't immediately offer any details about the dead tiger. The zoo administration had said Tuesday that eight lions, all its seven tigers and at least two of its three jaguars and 12 of its 14 bears were killed in the flooding. Georgia's Prime Minister Irak-

li Garibashvili criticized zoo officials for providing false information and ordered the interior minister to personally oversee the count of how many animals have died and how many remain missing.

After the premier's statement, the zoo director acknowledged he was to blame for the misinformation.

"We had wrong information that there were no predators outside the zoo," he said. "I take full responsibility for that."

Gurielidze said a tiger cub could also be roaming the city streets, but said he "poses no threat to people."

On Tuesday evening, several hundred demonstrators gathered outside the main government building in Tbilisi in support of the zoo director and to protest what they suspect is a government attempt to pin all the blame on him. A social media post organizing the protest said the government should resign.

The flooding, triggered by torrential rains over the weekend, killed at least 19 people, destroyed houses and tore up roads. Six people remain missing. Zoo officials say less than half of the zoo's 600 inhabitants have survived the flooding.

THE ASSOCIATED PRESS



RAMADAN MUSLIMS MARK START OF HOLY MONTH WITH FASTING AND PRAYERS

Palestinians walk near a traditional Ramadan lantern on Wednesday in Jebaliya refugee camp, in the northern Gaza Strip. Muslims around the world will mark the start of Ramadan on Thursday, or later in some countries, for a month of intense prayer, dawn-to-dusk fasting and nightly feasts. ADEL HANA/THE ASSOCIATED PRESS

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'It felt like a big fish': Shark victim

NORTH CAROLINA

U.S. teen lost his arm in one of two attacks on Sunday

Hunter Treschl and his cousin were "playing around in the waves" at a North Carolina beach when he felt something bump into his left calf.

"I thought it felt like a big fish, and I started moving away," Treschl said in a video released Tuesday night by the New Hanover Regional Medical Center.

"And then the shark bit my arm—off."

The 16-year-old from Colorado Springs, Colorado, was one of two young people attacked by sharks in North Carolina on Sunday. Both he and 12-year-old Kiersten Yow of Asheboro survived, but with serious injuries.

Treschl's left arm was amputated below the shoulder, ac-

cording to information released by the New Hanover Regional Medical Center in Wilmington, North Carolina, where he is being treated.

He was in good condition Tuesday, hospital spokeswoman Martha Harlan said.

A little more than an hour before Treschl was attacked and about two miles away, Yow lost her left arm below the elbow and was injured in the leg.

Authorities do not know if they were attacked by the same shark.

Yow was in stable condition Tuesday at N.C. Children's Hospital at the University of North Carolina, according to a statement from her parents, Brian and Laurie Yow.

"She has a long road to recovery that will include surgeries and rehabilitation, but her doctors at UNC expect she will keep her leg, and for that we are grateful," they said, appealing for time to deal with the trauma privately.

Immediately after he felt

the shark rip his arm off, Treschl said he was able to make it back onto the beach at Oak Island with the help of his cousin.

He said another teen had a belt that he used as a tourniquet to stop the bleeding, while others "were all helping me kind of stay calm until the ambulance got there."

Asked if he ever saw the shark, Treschl said he felt it first

"We were just playing around in the waves, and I felt a hit on my left calf," he said in the video.

"That was the first time I saw it, when it was biting up my left arm."

The paramedics said they were stunned by two serious shark calls coming so close together in just one day.

Treschl said he is grateful for the help and support he received from other bystanders on the beach, the paramedics and doctors and people who have been sending him well wishes. THE ASSOCIATED PRESS



Hunter Treschl, 16, of Colorado Springs, during an interview in hospital in Wilmington, N.C. "I started moving away. And then the shark bit my arm off." NEW HANOVER REGIONAL MEDICAL CENTER/AP

PUBLIC SAFETY

Shark population up in U.S.

Federal wildlife protections are helping sharks rebound, but they aren't the sole reason for the uptick in encounters between sharks and humans. Expanding human populations

and growing use of beaches are major factors too, scientists say.

Recent shark attacks in North Carolina and Florida have made headlines as the summer beach-going season gets into gear. The number of shark attacks has grown in every decade since the 1970s.

Researchers say this decade is almost certain to set a record for attacks. THE ASSOCIATED PRESS



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Business | metr@NEWS 18 Thursday, June 18, 2015

Carry-on bag changes scrapped

TRAVEL

Global airline group hoped to impose new size restrictions

A global airline association said Wednesday that it was scrapping its recommendation to reduce the size of carry-on bags for air travellers after an "intense" response in North America.

The International Air Transportation Association (IATA), a Montreal-headquartered trade group whose members represent nearly 85 per cent of total air traffic, said it is cancelling its proposal after "significant concerns" were raised in North

This is clearly an issue that is close to the heart of travellers. We need to get it right," IATA senior vice-president Tom Windmuller said.

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The group recommended last week that airlines require carryon bags to be 20 per cent smaller than what major U.S. carriers currently permit, saying that would allow for more space.

Two U.S. senators criticized the idea, saying it would require passengers to pay more and buy new luggage. A top U.S. airline group that includes the world's three largest air carriers - American, Delta and United - also formally came out against the proposal.

The current maximum carryon size, depending on the airline, ranges from a length of 56 to 60 centimetres, a width of about 36 to 46 centimetres and a depth of 23 to 41 centimetres.

The airline groups suggested standardizing the permitted carry-on size to 55 by 34 centimetres and a depth of 19 centi-

IATA insisted that was merely a recommendation, not a requirement, as each airline decides the maximum size of carryon luggage on its own.

When announcing the recommendation the group had said the smaller size would help avert the problem that travellers commonly face when a plane cabin runs out of storage space by the time all the passengers board.

Many international airlines already have agreed to adopt the proposed policy, including Air China, Azul, Pacific, China Southern, Emirates, Lufthansa and Qatar. However, Delta Air Lines came out against the proposal earlier this week.

THE ASSOCIATED PRESS



during the organization's annual general meeting in June. KERRY SHERIDAN/AFP/GETTY IMAGES FILE

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Starbucks to close La Boulange in U.S.

Starbucks will close all of its La Boulange cafes by the end of September.

It bought the bakery chain in 2012 to address customer complaints about an uninspiring menu. The company said there has been strong growth in food sales since the \$100 million acquisition three years ago, but that running the 23 La Boulange

restaurants, which are mostly found in San Francisco, is no longer sustainable.

Starbucks will also shutter two manufacturing plants that supplied La Boulange and an Evolution Fresh retail store in San Francisco. La Boulange food will still be available at Starbucks in the U.S. and Canada.



Starbucks announced it will close its 23 La Boulange bakery cafes in the U.S. GENE J. PUSKAR/THE ASSOCIATED PRESS FILE

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METANIEWS

Your essential daily news

Thursday, June 18, 2015

CHANTAL HÉBERT: ON ELECTORAL REFORM



For the first time, two of Canada's three main national parties are about to run on a commitment to do away with the first-past-the-post voting system.

The Liberal conversion to electoral reform is both a reflection of the party's diminished circumstances in the House of Commons and — potentially — a watershed moment in Canadian electoral politics.

For the first time, two of Canada's three main national parties — the NDP and the Liberals — are about to run on a commitment to do away with the first-past-the-post voting system to conduct federal elections.

They may not agree on the fine print. The New Democrats have long championed a mixed proportional system and the Liberals tend to be partial to a preferential ballot. But they are on the same general page.

On Tuesday, Justin Trudeau pledged to introduce a new voting system in time for the 2019 election.

The New Democrats have advocated a more proportional voting regimen for decades.

With the Green party on side, the blocks of a large parliamentary consensus on electoral reform are falling into place.

It took a change of heart on the Liberals' part to bring that about.

Such a change would have been unthinkable back when the party, under Jean Chrétien, was riding high and reaping the benefits of the first-past-the-post system against a divided right.

Even after they lost power to Stephen Harper's Conservatives a decade ago, the Liberals continued to believe that the normal swing of the pendulum would inevitably see them back in power.

Three lost elections later,

they are at least as likely to remain in third place as to form a government this

Implicit in the party's shift on electoral reform is a Liberal admission that the NDP's competitive position is not a mere blip but rather a feature that it will have to adapt to.

In a three-way battle, the current winner-take-all-system favours the Conservatives.

That conclusion is only belatedly dawning on Trudeau's party.

It has been more than three decades since the Liberals last won a governing majority against a united Conservative party.

Even with the wind in their backs, the New Democrats would also be hardpressed to eke out a majority in October.

Win or lose next fall, electoral reform may offer both parties the best alternative to a merger at some point down the line, and — more importantly in the big picture for each of them — their best shot at

preventing the Conservatives from becoming Canada's de facto governing party.

Trudeau's democratic reform package may not do much to turn the tide in his favour. Paul Martin and Michael Ignatieff tried and failed to impress voters with measures to fix the so-called democratic deficit in Parliament.

The excitement that electoral reform inspires among voters tends to be inversely proportional to the hype that surrounds the issue within the chattering class.

In the provinces where a plan for a different system was put to voters, the status quo prevailed.

But the expanding common ground between the opposition parties on electoral reform should be cause for concern for the Conservatives.

They would — at least initially — be the losers of a switch to a different electoral system. The division in the opposition vote has long been a key ingredient of their election victories.

In a three-way battle, the current winner-takes-all system favours the Conservatives.

It allowed Brian Mulroney to win a second majority mandate and the 1988 free trade battle.

Under Stephen Harper, a divided opposition vote has become even more essential to Conservative fortunes.

He is about to lead the party in his fourth election campaign as the incumbent with a persistent shortfall in support and precious little room to grow.

In a preferential voting system — where the second and third choices of voters are applied in each riding until a candidate reaches 50 per cent plus one — Harper's re-election bid would be dead on arrival.

Alternatively, under a mixed proportional system, securing a majority government on a bit more than a third of the votes cast would become a thing of the past.

Coalition building would not come easily to the take-no-prisoner party that Harper has rebuilt in his image.

Should the NDP or the Liberals or a combination of both prevail next fall, they would have a common interest in following up on electoral reform.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

ROSEMARY WESTWOOD

metroview

The world's believers have a moral duty to care for the earth

Pope Francis is donning a Captain Planet image — the environmental superhero taking pollution down (if not to zero).

In his most highly anticipated papal teaching to date, the Pope will today call on the world — not just Catholics like me — to act now to avoid "unprecedented destruction of the ecosystem," based in part on a moral obligation to care for God's creation.

It's a claim that won't make him any friends among the faithful who either don't believe in climate change, or don't buy into such a moral obligation. And for those in the environmental movement, it may seem criminally late in coming.

But Francis is far from the first — and far from alone — in arguing the environmental implications of faith.

The Dalai Lama tweeted this week that we need to "develop a sense of the oneness of humanity" in the face of climate change and global economic woes. More than 300 rabbis have signed a letter arguing for "a world of shared, sustainable abundance — eco-social justice."

"The concept of stewardship on Earth is a shared belief" of all faiths, an imam with the Islamic Society of North America recently told Time magazine.

At the Forum on Reli-

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gion and Ecology at Yale, co-founder John Grim and others have spent two decades retrieving the ecological teaching of the world's religions — from Hinduism to indigenous faiths — and interpreting them for today.

Grim sees this as a pivotal moment — the first time a pope has been this pointed on the environment. It could even spur an interfaith environmental movement, he mused (despite inevitable pushback from the Jeb Bushes of the world).

Francis chose to be named after Francis of Assisi — known as the patron saint of ecology and revered for his love for nature and animals.

We may deem it radical for the Pope to say, as he does in a leaked draft, that the earth "is protesting for the wrong that we are doing to her, because of the irresponsible use and abuse of the goods that God has placed on her" — but that only shows how leaders and followers alike have ignored teachings inherent in our faith.

"The separation between religion and science has been so strong," Grim noted.

And it's well past time that ended.

We — the world's six billion or so believers — are natural allies of the environmental movement. Time to take Francis' lead, and act like it.

THE MICROTREND: The trouble with spring break



Spring: the season for birds chirping, flowers blooming and ... teen pregnancy? A five-year study of 838 pregnant teens at an Ontario hospital found a "persistent" increase in conceptions every March. March break shenanigans are the obvious culprit, but one of the researchers says teenagers who couple up early in the school year are getting "serious" by spring. Adults, on the other hand, most often get pregnant in December — a testament to the power of eggnog and holiday cheer.



Your essential daily news

Lana Del Rey posts sample of new album Honeymoon on Instagram



'Stud mentality' among guys on Tinder horrifies the comedian

Lakshmi Gandhi Metro in New York

Fans who have closely followed former Parks and Recreation star Aziz Ansari's stand-up career have surely noticed that the comic has taken a serious turn in recent years. Gone are the cute stories about his cousins and the monologues on basic cable dramas.

Instead, the 32-year-old NYU grad has been focused on deeper questions: What is

love? Is there such thing as a soulmate? And, most important of all, why hasn't he or she texted me back?

Co-written with sociology profes-sor Eric Klinenberg, Modern Romance explores all of those questions and more, in an extensively researched journey that took the pair around the world as they assessed different dating profiles and wacky online dating messages. (Note to all of the guys out there, first messages that simply say "Yo" or "Hey" aren't particularly well received.) We've rounded up the top three lessons we learned from Ansari's travels.

Too many choices really are overwhelming

Unlike a crowded

bar, "online there are no lonely corners," the comedian writes. "Everywhere is filled with people looking to connect." Despite that, daters everywhere are constantly rejecting people.

The comedian memorably sits down with a twentysomething named Derek who, he notes, "isn't unattractive... but wouldn't necessarily turn heads at a party." Ansari then watches in horror as Derek swipes no on several attractive, interesting women who had messaged him online. "He didn't strike me as a stud," he adds, "but wow, when you watched him comb through those profiles, he had a stud mentality."

Remember the person on the other end is a person

Because so much of the modern search for romantic partners occurs on our phones, it's easy to forget you are talking to a person with feelings.

Ansari is disturbed by how easy it is to completely dismiss someone—especially now as breaking up via text becomes increasingly more common.

The quality of your dates is more important than the quantity

Back when Ansari was single in New York a few years ago, he had something of a revelation when it came to his single status. He and his friends "were consistently choosing to meet as many people as possible instead of investing in a relationship.' Because this method obviously wasn't working for him, he decided to revise his approach to looking for love.

"What I found was that a first date that was a six was usually an eight on a second date," he writes. "I knew the person better and we kept building a good rapport together.'

The lesson here? Maybe next time give that nice guy or girl you met online a second chance. It could change the course of your love life.

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metr@LIFE Books Thursday, June 18, 2015 **21**

It's almost midnight. LET'S DO THIS. #FOMO John Gielgud as the tormented Hamlet on Broadway in 1936, long before we used colons and parentheses to emote. CONTRIBUTED

Brevity the soul of wit?

OMG SHAKESPEARE

Book series re-tells the classics with **Internet lingo**

A set of books that convey the classic tales of Shakespeare via emoji-laden texts and social media updates has been drawing a strong response in recent days.

OMG Shakespeare from Random House Books for Young Readers includes two newly released titles - srsly Hamlet and YOLO Juliet plus two others due out in early January — Macbeth #killingit and A Midsummer Night #nofilter.

An excerpt from srsly Hamlet reads:

· Ophelia has updated her



relationship status from 'In a relationship' to 'It's complicated.'

• Claudius has posted 11 new photos to the album: Here We Go a-Wassailing! - with Queen Gertrude and 10 others.



- Queen Gertrude likes this.
- · Hamlet: 'It's almost midnight. LET'S DO THIS. #FOMO'

The stories, described as "the perfect gift for hip theatre lovers and teens," have been

adapted by Courtney Carbone and Brett Wright, both children's book editors. And while the concept will no doubt appeal to some, feedback has been mitigated at

The Gawker Review of Books reacts, "To paraphrase the beloved poet and playwright: [inserts five smiling poop emoji]," while a much re-tweeted comment from popular Twitter user @FreddyAmazin reads, "Never wanted to burn a book before."

A recent review on Amazon of YOLO Juliet, on the other hand, gives the title five stars and says, "the definition of a well-done parody!!"

srsly Hamlet and YOLO Juliet are out now in hardcover or ebook form. Look for Macbeth #killingit and A Midsummer Night #nofilter on Jan. 5. AFP

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STAND-UP

Judd Apatow reflects on life as a comedian in his new book

The comedy education of Judd Apatow began with unusual access to great comic minds, which he pried for straightforward instruction: How do you tell a joke?

Growing up on Long Island as a comedy nerd before there was such a thing (or many others like him), Apatow managed to land interviews with the likes of Jerry Seinfeld, Jay Leno and Steve Allen; most of whom turned up expecting something other than a 15-year-old kid with a high school radio show.



Judd Apatow's Sick in the Head contains a collection of interviews with renowned comedians and comedy writers. THE ASSOCIATED PRESS

It was a foundational beginning for what became a career that has done a lot to define comedy in the last 20 years — from The Larry Sanders Show to Freaks and Geeks, The Cable Guy and The 40 Year-

In a new book, Sick in the Head: Conversations About Life

and Comedy, out this week, Apatow, 47, returns to those high-school interviews (he kept the tapes) to publish them, as well as add new, more recent

talks with many others (Louis C.K., Jon Stewart, Chris Rock). Proceeds go to Dave Eggers' 826, which provides free tutoring and literacy programs to kids.

The conversations centre on comedy — where it comes from and how it work - but grow into more expansive and intimate reflections on life from some of the sharpest, most thoughtful minds around.

Here are excerpts from a recent Associated Press interview with Apatow:

On working with comedians

For me to sit in a restaurant talking to Steve Martin, it feels very otherworldly. I always wanted to be part of those groups of comedians, like Second City. I wasn't able to join Saturday Night Live or Second City, but in

my own way, I was able to create my own groups of funny people that worked together a lot.

On interviewing performers

I'm interested just in how people are surviving and trying to remain relevant as the decades go on. After success, what is the point of doing this?

On how to tell a joke

It's so funny because you do have to figure out your world view and your attitude. Gary Shandling was there one night and he said: "You're always at your funniest when you don't look like you're trying to be a comedian. When you're yourself, it works best." So I try to remember that. THE ASSOCIATED PRESS

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Did someone say pool party?



Summer's about to hit full swing. What better way to celebrate the return of sultry weather than with a poolside party? Whether you're attending a swanky barbecue or throwing your own bash, here are some items you'll need.

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Sangria | Our Daily Red

Our Daily Red 2013 Blend is an organic wine with no detectable sulfites. Stir up this vegan California flavour with chunks of your favourite organic fruit and the requisite sangria ingredients for the perfect poolside punch. (see local wine shop for pricing, ourdailyred.com)

Slip-ons | Free People's Idlewild braided leather footbed

Slides are all the rage this summer and will complement your manicured toes. You could get away with a basic pair from Chinatown, but we suggest Free People's Idlewild Footbed. Made from artisan-crafted braided leathers,

you'll be stylish and extra comfortable poolside. (\$168, freepeople.com)





Step aside, bikinis—the one-piece is back and better than ever. Ted Baker's Primie palm floral print is super flattering with removable straps and moulded cups that offer curve-enhancing support for your silhouette. This number will have you feeling like you're escaping to the tropics ... even if you're really just at the neighbour's pool next door. (\$140, tedbaker.com)





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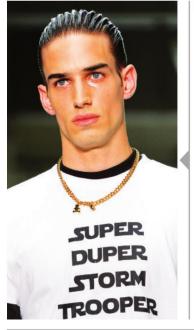
IT'S BETTER TO BE A MEMBER

24 Thursday, June 18, 2015 Style | metr@LIFE



GROOMING TRENDS MEN'S HAIRSTYLES ON THE RUNWAY

After four days of laying down next season's big trends, U.K. fashion exhibition London Collections: Men has finally closed up shop. There was plenty to talk about regarding the clothes, but what about the grooming? Here's a look at the hairstyles you'll be rocking next year, according to the catwalks AFP



SLICK HAIR

Wet behind the ears

Slicked back hair was big throughout the show. At Bobby Abley hair was slicked back so severely that audience members could see the track lines left by the brush - all the better to highlight the contrasting soft cartoonishness of the designs. Casely-Hayford went for a smoother look, but one that was slicked back off the face nonetheless. And Matthew Miller went for the sideways slick for a gentlemanly effect.



QUIFFS AND FRINGES

Pumping up the volume

The quiff was back in style at Katie Eary, where the bold clothes didn't overpower the models' groomed looks. The quiffs were worn high and voluminous, with the hair kept long in the back to emphasize the shape. . The alternative was the sweeping side fringe, which was on show at James Long.



AU-NATUREL LOCKS

Going to great lengths

Christopher Raeburn went for the slightly wild, natural look when it came to the hair for his explorer-inspired presentation. YMC kept things very long, straight and polished, while Lou Dalton went for a naturally messy aesthetic for its Haçienda-themed collection, invoking the idea of a hedonistic night or morning.

ALL PHOTOS OLI SCARFF/AFP





Beastie Boys win legal fees



Adam Yauch, who died in 2012, is shown performing with Mike Diamond and Adam Horowitz in 2004. ALL PHOTOS GETTY IMAGES FILE

LICENSING

Monster is on the line to cover costs after losing lawsuit

The maker of the Monster Energy drink must pay \$668,000 of the Beastie Boys' legal fees after the rappers chose to win at all costs in their copyright violation trial, a decision that resulted in a \$1.7 million jury verdict in their favour, a judge says.

U.S. District Judge Paul Engelmayer wrote in a ruling Monday that his review of the band's legal bills sug-

gests that

"Beastie Boys opted to pay for, and received, the Cadillac Escalade, not the Honda Civic" of legal representation.

He said his attorney fee award fell short of the \$2.4 million sought from Monster, but was still enough for the band to come out ahead by more than \$532,000 above its reasonable costs.

Last June, the Beastie Boys won their verdict from a federal jury weighing the value of five songs used by Monster without authorization in a video.

Engelmayer wrote that the lawsuit brought by two surviving Beastie Boys and the wife of deceased band member Adam "MCA" Yauch resulted in a hard-

turned down Monster if it had fought legal asked for permission.

match."

"Monster's commercial ex-

ploitation of the band's music

and songs, and what the Beastie

Boys perceived as Monster's crass

misappropriation of the name of

the recently deceased Yauch in

its video promoting its energy

drinks, appeared to have deeply

2012 at age 47. The judge said

Beastie Boys' band members

Adam Horovitz and Michael Dia-

mond approached the case "with

special zeal," testifying that as a

matter of principle they have not

licensed their music for product

advertisements and would have

Yauch died of cancer in May

offended plaintiffs.'

THE ASSOCIATED PRESS

IN HOLLYWOOD Ned **Ehrbar**

Harry Styles and

yet another model

Ah, to be young, rich, famous and affably floppy-haired. Must be nice. Though Harry Styles spent much of the first half of this year romantically linked -by anonymous sources, at least

to Victoria's Secret model Nadine Leopold, he's

apparently now more interested in one of her colleagues. Fellow model Sara Sampaio (pictured) joined Styles for a dinner date in New York recently that allegedly turned into a slumber party. "She came over to his hotel. They grabbed dinner. Hugged and kissed goodbye," a remarkably Hemingway-esque source tells

"Then she came back and slept over. She left at 11 a.m. in the same clothes." Maybe she just really, really liked

GHOSTBUSTERS

Who you gonna call? Not Emma

Emma Stone confesses to WSJ Magazine that she passed up the chance to be on the new all-female Ghostbusters team led by Kristen Wiig and Melissa McCarthy. Excuse me?

The script was really funny. It just didn't feel like the right time for me. A franchise is a big commitment — it's a whole thing," she says. "I think maybe I need a minute before I dive



that outfit?

All bets appear to be on Damian Lewis

Man, Daniel Craig must be getting tired of everyone always talking about when he's going to be done with playing James Bond.

First there was all that Idris Elba talk, now this: A British bookmaker says the best odds at the moment are on Homeland star Damian Lewis being tapped as the next 007, according to the Telegraph.

"Bets have been placed on him succeeding Daniel Craig. This is an unprecedented gamble, as for no apparent reason we have seen bets up to £200 on Damian Lewis being named as the next James Bond. This might well be significant," William Hill tells the news-

"Damian Lewis hadn't seen interest in the betting until

this weekend, but an absolute landslide in bets has



Damian Lewis

forced us to cut the odds." Sure, but if he gets the part does that mean all the films will be about whether or not we can really trust him?





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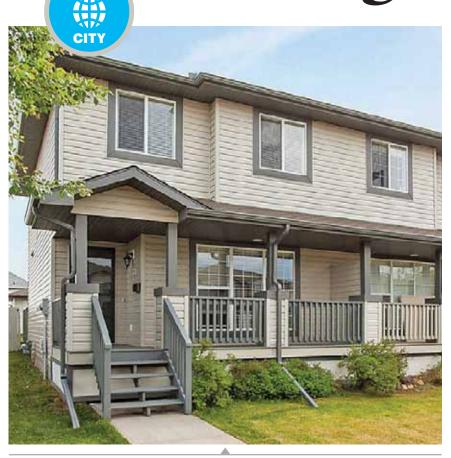
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Your essential daily news

Classic blue and white hues are inspiring the latest interior design trends

Semi-detached, single-allacined, right side-by-side — two homes joined by a wall down the middle are known by different names across Canada. Here's a look at three-bedroom, resale semis that make great starter homes. Duncan McAllister FOR METRO





\$599.000

Toronto

This west-end home boasts many upgrades, such as a custom-designed kitchen with granite countertops, hardwood floors and crown moldings. There's also two new bathrooms, a new gas furnace, thermal windows, a stainless-steel fridge, stove, built-in dishwasher, finished basement with in-law suite with a separate entrance, laundry room and doublecar garage. The house is close to transit, schools and parks. John Marques is a salesperson with Re/Max Ultimate Realty Brokerage, 416-656-3500.



\$299.900

Halifax

This well-maintained house north of downtown Halifax that has been built by a reputable developer features bright, open rooms, a spacious eat-in kitchen, large deck and backyard. There are hardwood floors in the living and dining rooms, a powder room on the main level, and the master bedroom has a three-piece ensuite. The lower level has a rec room, laundry, and a garage with a small work area. The driveway has room for two cars. Listing agent is Sandy Rutledge from Domus Realty, 902-497-5500.



\$219,900

Winnipeg

Here's a bright and sunny two-storey home on a quiet street. The pie-shaped lot offers a large, fenced-in backyard with access to a rear pathway and a large storage shed. In a convenient location for getting around the city, the house includes a fridge, stove, dishwasher, washer and dryer, and a finished basement with a rec room. Listing agent Blair Holm says the house has been well maintained by current and previous owners. Holm is an associate with Sutton Group Kilkenny Real Estate, 204-475-9130.



\$1,448,000

Here's a move-in ready, turnkey home in the Silver Berry neighbourhood, at 3031-31 Ave.

It's a quiet street next to walking trails and with close access to schools, shopping, and the

new Meadows Recreation Centre. Many upgrades to the house include new carpeting, wide

laminate flooring, new blinds throughout, granite countertops, and a new upstairs bathroom.

There's a south-facing backyard with a deck and a double garage. Beverley Hasinoff is a sales

Vancouver

Here's a high-quality house in Central Lonsdale, North Vancouver's hot spot, with new stores and restaurants, quaint coffee shops and other amenities within walking distance. The home offers a spacious, open floor plan, with soaring ceilings, a large kitchen, and a family room that opens out to a deck and fenced private yard. A school is around the corner, as well as parks and playgrounds. Listing agents Paula Vendargon (604-626-1649) and Colin Vendargon (604-984-9711) are associates with Royal LePage Sussex Real Estate.



\$789,900

Calgary

This home is in the desirable West Hillhurst neighbourhood. Loaded with unique features and finishes, the open main floor offers a great room, a huge kitchen, dining area and a family room with access to the deck. The master retreat showcases vaulted ceilings, a five-piece ensuite and access to a secondstorey sun deck. The home is within walking distance to downtown, schools, shopping, restaurants and transit. Listing agent Tim Lind is an associate with Re/Max Mountain View,



representative with Liv Real Estate, 780-619-0812.

\$329.900

Edmonton

metr#HOME Thursday, June 18, 2015

DAD'S DAY

Father's Day is

this Sunday!

Thermashell Pro Kamado

Stylish outdoor gifts for Dad

DESIGN CENTRE Karl **Lohnes**

From gardening to cooking to entertaining,

Dads love to take part in the great outdoors (or at least the backyard). Here's a roundup of stylish he-gifts that will make him want to stay outside the rest of the summer!

1 Bollard Oil Lamp

Add nautical flair to the deco Turquoise Grill or dock and light Dad's path to Give him the thrill of the style. \$150, DWR.com grill this year with the most stylish one on the market. Palram Plant Inn \$2,900, Frontgate.com Paint Dad's thumb green 5 Pizzacraft PizzaQue with a mini greenhouse and garden storage unit. Propane Pizza Oven \$298, Walmart.ca Bravo Papa; perfect pizza at home! 3 The Canadian \$300, CanadianTire.ca **Collection Stainless Steel Retro Mini Cooler** 6 Adventure Wagon Keep his favourite bevvies From the gardening by his side and cool. centre to the grocery store; \$70, TheBay.com it folds up and hides in the trunk until needed. \$200, Williams-Sonoma.com ******



that is low maintenance, saves moisture and smothers weeds surrounds a downsized lawn in Langley, Wash. DEAN FOSDICK/ THE ASSOCIATED

Smarter gardening cuts time-sucking routines

Too many plants, too little time? A lot of unnecessary effort can be weeded out with some time- and energy-saving shortcuts, from plant selection to better tools.

"I realized one day that I was becoming a slave to my plants," said Kerry Ann Mendez of Kennebunk, Maine, author of The Right-Size Flower Garden. "I was working harder for them than they were working for me.

Plants are not your children or pets, she said. "If they're not performing up to your standards — if they take too much

time and effort — don't make any excuses for them. Tear them out. Take them away.

Here are ways to garden smarter:

- Use native plants. With natives, you don't need to water and there's no fertilizing, Mendez said. Little or no handholding is required, and they're important for bio needs, like
- attracting pollinators.
 Mulch. "People are doing more with mulch," Mendez said, "especially multi-purposing, nutrient-rich mulches that can energize plants while reducing water evaporation from

the soil. Ground covers also help by discouraging weeds and providing a tapestry of foliage and flowers.

- Plant shrubs and ornamental trees. "Woody plants require much less maintenance than perennials," Mendez said.
- Downsize. "Eliminate some of that mowing and weeding,' said Brooke Edmunds, an Oregon State University extension horticulturist. "Plant using lawn mixes that work even if they're not as frequently mowed. Use perennials more than annuals.

THE ASSOCIATED PRESS

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There's no shortage of summer fun

It's no secret that over the past 30 years in Canada the obesity rates in children have

That's why it's important to get kids out of the house this summer to enjoy outdoor activities

Depending on where you live, there are likely summer programs for kids and youth through the community or organizations including YMCA and the Boys and Girls

Boys and Girls Clubs of Canada interim president Marlene Deboisbriand says the organization operates year round with more than 210,000 kids and youth involved in programs.

There is something for everyone with our program in the summer and we really encourage the kids to get outside and get active," she says, adding that there are chapters in every province across Canada.

We like to keep the kids active with swimming, skateboarding, horseback riding, soccer, amusement parks, zoos or even just going to the park. There are also day



camps and summer camps; there's no shortage of summer fun for kids."

Deboisbriand says even if kids and youth don't join organizations such as the Boys and Girls Clubs, she encourages them to get outside and get active.

"I really encourage parents and caregivers to ensure kids are out doing physical activities, and the summer is the perfect time to

get outside and enjoy the nice weather while promoting a healthy lifestyle."

There are many other ways to get the kids active outside, says stay-at-home mom Jessica Pare. "There are a few moms in our neighbourhood and we take turns each weekday bringing the kids out for a few hours a day. Sometimes we go to the zoo, sometimes we go to a park and have a

picnic while playing sports and sometimes we go to the outdoor pool. It's a great and inexpensive way to keep the kids busy."

Here are some cheap summer activities for the kids: Grab some chalk and make a community hopscotch; camp in the backyard for a night; family bike ride around the neighbourhood; picnic at the park.

– Krista Sylvester



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curated by Todd Janes

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ATING LOCAL ARTISTS

Edmonton's Latitude 53 is renowned as being a hub for unique art events in the city and this summer is no exception.

There is something for everyone, from art newbies to art connoisseurs with several popular programs on tap, says Latitude 53 executive director Todd Janes.

"We're really excited about this summer's diverse activities we have planned and I think people will be able to have a good time while enjoying art over good conversation with like-minded people," he says.

A stellar example of this is the annual summer patio series, which is a weekly event where members and their guests gather on the city's most loved patio for 11 weeks, celebrating art and community while enjoying a cocktail and snacks.

"It's really just about people enjoying good

conversation and company to the backdrop of contemporary art."

And some of the conversation is sure to include the popular Incubator Series, back for a fifth year, which celebrates local artists who might need the exposure while allowing audiences to watch the creative process unfold.

This year's Incubator Series runs until Sept. 1, featuring 10 photographic artists who will be showing their work as cumulative process to more than 5,000 guests over the next three months.

"I am interested in how artists play with others and how they look towards, consider, and negotiate space, spaces, and negative spaces through this weekly evolving group exhibition," Janes says.

For more information about these events, visit latitude53.org.

EXPLORE NATURE ON A LOCAL HIKE

Have you ever heard the phrase "hiking makes you happier?" It happens to be true. Multiple studies, including research from the University of Michigan and Edge Hill University in England, show that hiking can improve fitness, stimulate creativity and decrease stress.

The nice thing is you don't have to go far to find a good hike. Here is a list of five great hikes in the Edmonton area:

TERWILLEGAR PARK

A well-maintained park in its natural state

offers great trails along the river. There are many hiking and biking trails that continually intersect, allowing you to create your own path. It is also home to one of the largest off-leash dog parks in the area.

ELK ISLAND NATIONAL PARK

Less than an hour away from Edmonton, Elk Island National Park has some of the most diverse trails. Trails range from two to 16 kilometres and allow you to explore forests,

bogs, hills and meadows. The huge range of wildlife in this park make spotting interesting animals on your hike very likely.

COOKING LAKE

Located just east of Sherwood Park, Cooking Lake offers many trails from half a kilometre to 17 kilometres for hiking, biking and horseback riding. The Alberta Parks website offers great information, including trail maps, conditions and closures.

CONTINUED BELOW



CONTRIBUTE



JOHN JANZEN NATURE CENTRE

The John Janzen Nature Center has some great trails for scenic nature walks. Spend an enjoyable afternoon walking and birdwatching through the river valley.

MILLCREEK RAVINE

For those who want a less rugged nature walk, the Millcreek Ravine offers paved trails through the ravine. These trails let you get outside to enjoy nature while maintaining access to washrooms and picnic tables.

Not sure about what to bring on your hike? The expert staff at Campers Village can help outfit you with the best gear and clothing to keep you comfortable and safe on your adventures.



SHUTTERSTO

Canada to face the Swiss

WOMEN'S WORLD CUP

Canucks now have idea how path to trophy could look

Canada will have to get past Switzerland in the round of 16 at the Women's World Cup, in the process ending a 10-game winless streak against European opposition at the soccer showcase.

The Canadians came into the tournament having lost all nine previous World Cup meetings with teams from Europe. On the plus side it tied the Netherlands 1-1 in its final round-robin game in Montreal, conceding the tying goal in the 87th minute.

Canada, which finished atop Group A, will face the Swiss, third in Group C, on Sunday at BC Place Stadium. The winner will meet No. 6 England or No. 11 Norwaay in the quarterfinals.

The Swiss (1-2-0) are ranked 19th in the world, compared to No. 8 for Canada (1-0-2).

The Canadian women have played Switzerland four times, with three victories and one draw. Their last meeting was a 2-0 Canada win at the 2013 Cyprus Cup.

Ît's Switzerland's first trip to the World Cup. Coach Martina Voss-Teckleburg's team finished third in Group C after losing 1-0 to Japan, thumping Ecuador 10-1 and being beaten 2-1 by Cameroon.

Cameroon's win — a two-goal

ROUND OF 16

SATURDAY

In Ottawa

Germany vs. Sweden,

In Edmonton

Cameroon vs. China, 7:30 p.m.

SUNDAY

In Moncton

Brazil vs. Australia, 1 p.m. In Montreal

France vs. South Korea, 4 p.m.

In VancouverCanada vs. Switzerland, 7:30 p.m.

MONDAY

In Ottawa

Norway vs. England, 5 p.m. **In Edmonton**

United States vs. Colombia, 8 p.m.

TUESDAY

In Vancouver

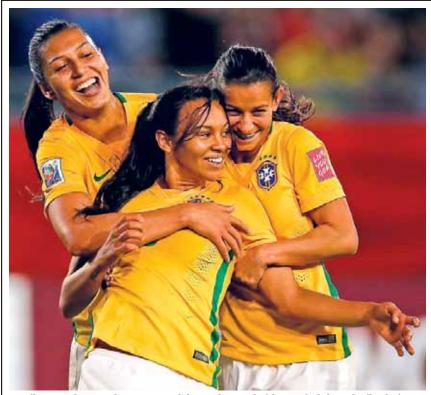
Japan vs. Netherlands, 10 p.m.

comeback — over the Swiss was its first over a European opponent at the tournament.

The 2015 tournament, expanded to 24 teams from 16, marks only the second time that Canada has advanced out of the group stage in six tries.

The other time was in 2003 when Canada finished fourth after losing 2-1 to Sweden in the semifinals and 3-1 to the U.S. in the third-place game.

THE CANADIAN PRESS



Brazil's Raquel Fernandes, centre, celebrates her goal with Beatriz, left, and Erika during Wednesday's 1-0 win over Costa Rica in the Group E finale in Moncton. ELSA/GETTY IMAGES

France and Brazil win respective groups

Marie Delie scored off a header 34 seconds in, the second-fastest goal in the history of the Women's World Cup, and France routed Mexico 5-0 Wednesday night in Ottawa to win Group F on goal difference over England.

Later at Lansdowne Stadium, South Korea edged Spain 2-1 to advance to the round of 16 from Group E.

In Montreal, Karen Carney and Fara Williams scored

first-half goals, and England beat Colombia 2-1 to reach the knockout stage.

In Moncton, Brazil downed Costa Rica 1-0 to join Japan as the only team to go undefeated through round-robin play. THE CANADIAN PRESS

IN BRIEF

Nattrass earns berth in Pan American Games

Canadian trap shooting veteran Susan Nattrass will keep her spot on the Pan American Games team after an attempt to bump her was thwarted.

Nattrass, one of Canada's most decorated athletes, earned her spot on the squad in a shootoff with longtime teammate Cynthia Meyer

The trouble stemmed from the Pan Am trials in Tucson, Ariz. Nattrass was permitted to shoot 30 minutes late after her gun and car keys were inadvertently locked inside her rental car. Officials didn't deduct the standard three points for a late competitor, ruling Nattrass wasn't at fault.

The Edmonton native and Meyer tied, which led to a shoot-off that Nattrass WON. THE CANADIAN PRESS

Cards lawyer says execs not involved in hacking

An attorney for the St. Louis Cardinals says executives of the team were not involved in the hacking of the Houston Astros' player personnel database.

Jim Martin, an attorney for the Dowd Bennett firm, told The Associated Press he is "100 per cent confident" the case does not involve people like Cardinals general manager John Mozeliak and chairman Bill DeWitt.

The FBI is investigating whether the team hacked into the Astros computer system. THE ASSOCIATED PRESS

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Rose Reisman rosereisman.com

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Ready in

Prep time: 15 minutes

Ingredients

- · 3 cups thinly sliced green cabbage
- · 3 cups thinly sliced red cabbage
- 1 cup sliced snow peas
- 1 cup sliced sweet red peppers
- 1/2 cup chopped green onions
- 1/3 cup dried cranberries
- 1/3 cup diced dried apricots
- 1/3 cup chopped fresh coriander
- 1/3 cup light coconut milk

2 tsp fish or ovster sauce

- 2 tsp packed brown sugar
- 1 Tbsp fresh lemon juice
- 1 tsp minced garlic
- 1/2 tsp minced fresh ginger
- 1/4 cup hot pepper sauce

Directions

1. In a large bowl, stir together cabbages, snow peas, red peppers, green onions, cranberries and apricots.

2. In a small bowl, whisk together coconut milk, coriander, fish sauce, brown sugar, lemon juice, garlic, ginger, and hot pepper sauce. Pour over cabbage mixture; toss to coat.

Nutrition per serving

- Calories 65
- · Carbohydrates 13 g
- · Protein 1.6 g
- Fat 0.7 g
- · Cholesterol 0 mg • Sodium 129 mg PHOTO: ROSE REISMAN

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64. Shelters for pigeons

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'Canada's Hockev Factory' 4. Australian model Ms. Macpherson 5. Settle a disnute 6. Rearward, on the ocean 7. Captivated

9. Most big 10. Surface 11. Desert in Mongolia 12. Enthusiastic 13. Headed 21. Giant's cry! 22. Miscalculated 27. "Fan-tast-ic!" 28. Bound-to-theland person of ancient Sparta 29. Ended 30. Canadian police series of 2008 to 2012 31. Matthew the Apostle 32. 'For' votes 33. '_ fair in love and war' 34. In __ of (Replacing) 35. Baseball legend Babe 38. Vancouver-born actor Seth 39. CD predecessors 41 Region of The States 42. Like a class workout in a gym 44. Not as tight 45. Fulfilled 47. Multi-headed beast of myth 49. "Me and Bobby " by Janis Joplin 50 Distorts 51. Groan 52. Oxen harness 53. Will antonym 54. Succu-

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☀IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 Information that could be worth a lot of money will come your way today. You may be tempted to pass on what you learn to your friends but if you are smart you will keep it to yourself. Knowledge is power - and profit too.

Taurus April 21 - May 21 In just a few days your view of the world will change for the better and your current negative attitude will fade away. Focus on the many good things in your life rather than the few things that have gone wrong.

I Gemini May 22 - June 21 Recent cosmic activity has tested you to the limit and because you've been on the go from morning to night you may now be exhausted. If so, take the next few days off. The universe can go on without you for a bit.

Cancer June 22 - July 23 Look back over the previous year and decide which of your ambitions to leave in the past and which you can take with you into the future. Dream, but be ruthlessly realistic as well.

Leo July 24 - Aug. 23 Make the most of the good things that happen today and tomorrow because over the weekend the atmosphere will change and you may not be quite so happy. A time for thinking rather than doing is approaching.

Virgo Aug. 24 - Sept. 23 What is most important in your life? The money you make? The status you enjoy? Those things may be important in the short-term but over the course of a lifetime it's the love you give that makes all the difference. What will you give today?

Libra Sept. 24 - Oct. 23 The sun's stay in the adventurous area of your chart ends at the weekend, so make the next few days a time of discovery. Not that you won't be able to discover things after but you will have responsibilities to deal with.

Scorpio Oct. 24 - Nov. 22 You may not like what you have to do now but the sooner you get it done the sooner you can move on. The sun's entry into your fellow water sign of Cancer on Sunday marks a turning point in your fortunes.

Sagittarius Nov. 23 - Dec. 21 Try not to take it personally if people do not agree with your point of view. If they get the impression you're thin-skinned they will focus on it. Be bold in your own beliefs and accepting of alternative points of view.

Capricorn Dec. 22 - Jan. 20 You have covered a lot of ground in recent weeks and you will cover a lot more in the months to come. For best results though you need to stop being such a loner and join with those who share your interests.

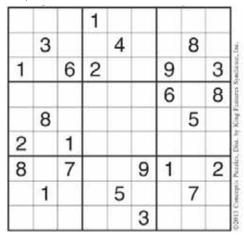
Aquarius Jan. 21 - Feb. 19 So many good things have happened of late that you may believe you'll be lucky forever. Know from past experience that is unlikely to be true. Life moves in cycles, so enjoy the highs but look out for the next low.

Pisces Feb. 20 - March 20 Act decisively today. Make sure that what has been started finally gets finished. Problems of a purely personal nature have taken up too much of your time and energy in recent weeks, so resolve them and move on.

CONCEPTIS SUDOKU by Dave Green

8. Ancient tale

Every row column and box contains 1-9



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